### UNIT 3 TOPICS

#### Games For Understanding (all week 1-6)
Look at a range of games/activities from different categories of sport – direct interceptive, indirect interceptive, performance, - what understanding of game concept is required to play each game successfully? Students assessed on how well they adapt to different situations and apply basic strategies.

#### Drug and Resiliency Education ~ Smoking (cont)
- Harmful effects of smoking (short term, long term and passive)
- Addictive nature of nicotine
- Resisting pressure to smoke (including friends/media influence)
- Developing decision-making skills, assertive communication skills, help-seeking skills and help-giving skills

#### Water Polo A,B,D,F
Introduction/revision of basic strokes suitable for water polo. Eggbeater leg kick. Introduction/revision of basic skills incorporating: Catching and passing, dry and wet, 'Dribbling', Shooting. Basic offensive and defensive strategies

#### Practical - Badminton. A,C,D,E
- Net play – drop shot / dab.
- Rules of the game and scoring.
- Singles play – tactics and court positioning.
- Introduction to doubles play.
- Game play – singles ladder

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<td>Continuous in class assessment</td>
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<td>Completion and submission of all work booklets accompanying unit</td>
<td>Week 8 A,B,C – 3/9/18 Week 7 D,E,F - 29/8/18</td>
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### UNIT 4 TOPICS

#### Volleyball B,CE,F
Introduction of basics of the dig, set and spike. Develop the underarm and overhead serve. Develop basic ‘three touch’ strategy and concept of a setter taking the second ball. Examine simple blocking and covering positions through small sided games. Progress towards full 6 v 6 game as ability improves.

#### Disability Rights and Inclusion in Sport
Students will explore the following inquiry questions:
- What are the benefits to individuals and communities of valuing diversity?
- What are the physical and mental health benefits, and social benefits of physical activity?
- How can young people who are experiencing transitions or trauma be supported?
- How can diversity and difference be respected through sport?

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<td>Completion of work booklet on a lesson-by-lesson basis in class assignment task at the end of the unit</td>
<td>Week 8 A,B,C – 26/1/18 Week 7 D,E,F - 21/11/18</td>
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