## Year 6 Physical Education Work Plan: Semester 2, 2018 – Ms Brady and Mr George

### Term 3

<table>
<thead>
<tr>
<th>UNIT</th>
<th>TERM 3 TOPICS</th>
<th>ASSESSMENT</th>
<th>DUE DATE</th>
</tr>
</thead>
</table>
| **Week 1-6** | Skipping/movement – The ability to:  
- coordinate jumping and moving a skipping rope  
- keep time with music  
- perform already learnt skills and techniques and choreograph a routine using these skills  
- work in small groups | Week 6:  
A = routine performed in small group  
- timing  
- skipping proficiency  
- patterning | **Week 6** – starting Monday the 20th August |
| **Week 7-10** | Soccer -  
- Basic foot eye coordination and patterning  
- Rules of the game and general game play expectations  
- Layout of the pitch and movements of certain positions | Week 10:  
A= practical observations of foot/eye coordination, knowledge of rules and ability to work in a team. | **Week 10** Starting Monday the 17th September |

### Term 4

<table>
<thead>
<tr>
<th>UNIT</th>
<th>TERM 4 TOPICS</th>
<th>ASSESSMENT</th>
<th>DUE DATE</th>
</tr>
</thead>
</table>
| **Week 1-9** | Sailing  
- Group and individual safety practices demonstrated  
- Correct positioning of the boat relative to wind direction  
- Identify parts of the boat; Rigging and sails; Rig boat with assistance  
- Figure of eight; Round turn and two half hitches; Reef knot; Bowline  
- Steering and crewing in light winds under supervision; Capsize Recovery Drill  
- Towing Sail - a reaching course in light winds; Primary boat controls and basic heave-to  
- Basic crewing and helming methods for a triangle course  
- Basic crewing and helming methods for tacking; Basic crewing and helming methods for gibing | Labelling written diagram of sailing boat from memory. (knowledge)  
Practical test  
Capsizing test | **Week 7** - starting Monday 19th November  
Weekly observations collated over the 8 weeks.  
Generally in week 6 or 7, but really when weather conditions are suitable |

This work plan was last updated on Tuesday, 24 July 2018. The contents are subject to change – students will be advised in advance of any changes - regularly check for updates.