

Noosa News

31 October 2017

Good Shep swimmers take to the open water

GOOD Shepherd Aquatics swimmers had a successful day at the Queensland Open Water Swimming State Championships.

Cold and wet conditions made for a grim day out with the water temperature sitting about a bracing 22 degrees.

And in a real test of true grit, no wetsuits were allowed to be used in the competition as the events are run under FINA rules.

Open water swimming takes place in outdoor bodies of water such as open oceans, lakes, and rivers (rather than in a swimming pool where competitors can at least feel the heat) and is now an Olympic swimming event.

Four swimmers from GSA took part in the event with all four winning State Championship medals in the endurance swimming events.

Killian Carrel – 2.5km – 3rd 35:14.82 (13-year-old boys),
1.25km – 2nd 16:36.03 (13-year-old boys). Nolan Carrel – 1.25km – 3rd 17:43.66 (12-year-old boys). Liam Cuthbertson – 1.25km – 2nd 19:00.63 (10-year-old boys). Lauren Maguire – 5km – 2nd 1:04:35.52 (14-year-old girls)

Coach Brian Stehr was delighted with the team's results as it showcases the diverse talents of his squad swimmers.



TRUE GRIT: Coach Brian Stehr with his champion open water swimmers.

PHOTO: CONTRIBUTED