

Drinks

Popper juice 200ml (assorted flavours)	\$2.00
Water 600ml.....	\$2.50
Krazy Lemon 200ml	\$3.00
Fresh fruit juice 400ml (assorted flavours)	\$4.50
Flavoured milk 300ml / 500ml (assorted flavours).....	\$3.50 / \$5.00
Sodaly drink (assorted flavours)	\$3.50
Bare Sparkling Mineral Water	\$4.00
San Pellegrino Sparkling Water	\$4.00
Dairy Farmers Protein Milk	\$4.50
CocoCoast Coconut Water (assorted flavours)	\$4.50
Lipton Iced Tea 500ml (assorted flavours).....	\$5.00

Snacks

Chips (assorted flavours) (GF)	\$2.00
Hard Boiled Egg (free range).....	\$2.00
Jatz Crackers and Cheese.....	\$2.50
Maleny Yoghurt Cup (assorted flavours) (GF)	\$2.50
Fresh-baked Choc Chip Cookie (2 nd break only)	\$2.50
Small / Large Muffins	\$3.00 / \$5.00
Byron Bay Cookie / Gingerbread	\$4.00
Fresh Fruit Cup (watermelon or mixed fruit)	\$4.00
Banana Bread	\$4.00
Gluten Free Muffin.....	\$4.50
Funday Lollies	\$4.50

Ice Creams

Frozen Icy Pole.....	\$1.00
Lemon Sorbet Cup.....	\$1.50
Moosie	\$1.50
Frozen Sunshine (GF/DF).....	\$2.00
Icy Twist	\$2.00
Sour Pops.....	\$2.50
Giant Twin Bar.....	\$3.50
Cyclone	\$3.50
Ben & Jerry's Ice Cream 100ml Cup	\$4.50

Order cut-off time is 8.45am daily.

This menu is subject to changes.

For the latest updated menu, refer to the Flexischools website www.flexischools.com.au

BAG SYSTEM

Years 1-5: Please write on your paper bag clearly the following: name, class, which break (1st or 2nd) and your order and then place your bag(s) in the tuckshop box in your classroom.

Years 6-12: Please order direct with the tuckshop before school to avoid disappointment.

UPDATED TERM 4, 2026

This menu is subject to changes.



Tuckshop Menu 2026

OPENING HOURS

Daily from **8am – 1.30pm**

Tuesday and Thursday only

2.45pm – 3.15pm



Orders can also be placed via the Flexischools

website: www.flexischools.com.au



115 Eumundi Road Noosaville **5455 8654** gslc@gslc.qld.edu.au www.gslc.qld.edu.au

Tuckshop Direct Phone: **5455 8619**

Daily Specials

MONDAY

Meatball Pasta (GF available)	\$7.00
Cheesy Pasta (GF available)	\$5.00

TUESDAY

Chicken Burrito Bowl (GF)	\$7.00
Four Bean Burrito Bowl (GF)	\$6.00
Sushi Roll (GF) Chicken Teriyaki / Katsu	\$4.80
Tuna / Avocado / Vege Tempura	\$4.50

Sushi MUST be ordered by 12noon on the Monday to avoid disappointment.

WEDNESDAY

6" Pizzas	Margherita	\$5.00
	Ham and Pineapple	\$5.00
	Ham and Cheese	\$5.00
	BBQ Meatlovers	\$5.50
	Pepperoni	\$5.50
	Spinach, feta, olives and sundried tomatoes (V)	\$5.50
	Gluten Free pizza base available.	
Pesto Pasta with Chicken		\$7.00
Pesto Pasta Vegetarian		\$6.00

THURSDAY

Sushi Roll (GF) Chicken Teriyaki / Katsu	\$4.80
Tuna / Avocado / Vege Tempura	\$4.50

Sushi MUST be ordered by 12noon on the Wednesday to avoid disappointment.

Pulled Beef Toasted Turkish Roll	\$7.00
Chicken, Cheese and Pesto Toasted Turkish Roll	\$7.00
Greek Feta and Smashed Bean Toasted Turkish Roll (V)	\$7.00
Mini Burger Meal Deal	\$8.50

FRIDAY

Cheeseburger	\$7.00
BBQ Pulled Pork Burger	\$7.00
Loaded Wedges (GF)	\$7.00
Chicken Goujon Meal Deal	\$8.50

GF = Gluten Free **V** = Vegetarian

Sauces: BBQ, Tomato, Sweet Chilli, Soy, Mayonnaise, Italian Dressing - 50 cents each

Breakfast

2 slices of toast / raisin toast with butter, jam or vegemite	\$4.00
Hot Chocolate (250ml)	\$4.00
Breakfast Smoothie: flavour of the week (available Thurs & Fri 8am-8.35am)	\$4.50
Ham and Cheese Croissant	\$5.00
Bacon and egg cheese wrap	\$6.00
Muesli Yoghurt Cup	\$6.00

Fresh Sandwiches, Wraps and Salads

Sandwiches (choice of fillings)

Cheese	\$4.50
Ham and Cheese	\$5.00
Chicken or Ham or Cheese with Salad	\$6.00
Egg and Lettuce	\$6.00

Wraps (choice of fillings)

Chicken or Ham or Cheese with Salad	\$7.00
Bacon, Lettuce, Avo, Tomato (BLAT)	\$7.00
Chicken Caesar	\$7.00

Salads

All salad bowls include lettuce, carrot, cucumber, tomato, avocado, beetroot and alfalfa.

Pulled Chicken or Ham Salad Bowl	\$7.00
Vegetarian Salad Bowl	\$6.00
Mediterranean Tri-bean Salad Bowl	\$7.00

Toasted Sandwiches

Cheese	\$4.50
Ham and Cheese	\$5.00
Chicken and Cheese	\$5.50

Add Avocado or Tomato + 50 cents.

Hot Items

Potato Scallops	\$1.50
Party Pie from the bakery	\$2.00
Cheesy Garlic Bread	\$3.00
Sausage Roll from the bakery	\$4.50
Cheese and Spinach Roll (V)	\$4.50
Potato Wedges (GF)	\$4.50
Mozzarella Sticks	\$4.50
Nachos	\$4.50
GF Sausage Roll	\$4.50
GF Chicken Tenders	\$4.50
Chicken Goujons	\$5.00
Gourmet Pies: assorted fillings available	\$5.50