Students boost quest to raise big bucks by bike

GOOD Shepherd Lutheran College students have joined a quest to raise $200,000 for Ronald McDonald House Charities.

For the month of August funds raised from the school's weekly collection plates will go toward sponsoring Noosaville McDonald's franchisee Mathew Grut and local GP Dr Ashley White on a 500km charity bike ride.

Mr Grut and Dr White, who each have children at the school, will join some 20 riders from across the state on the Ride for Sick Kids charity bike ride, set to head off from Dalby on Tuesday, August 18.

The convoy will travel through Toowoomba, Gatton, Kilcoy and Bribie Island before finishing at Brisbane's Ronald McDonald House, Herston on Sunday, August 22.

Mr Grut said it was great to have the local school come on board to support the ride, which hoped to raise $200,000 across the state - $40,000 more than last year's effort.

The pair have both been in training for a gruelling trek.

"I try to ride between two and four hours each day," Mr Grut told The Noosa Journal. He said the biggest challenge was battling saddle soreness.

Mr Grut got involved last year, having returned to cycling after an accident many years ago.

Ronald McDonald houses provide a supportive home away from home for seriously ill children and their families. To support the cause, purchase a pen at McDonald's restaurants throughout Queensland or donate online at www.qldrideforsickkids.com.